

Woodland School Breakfast/Lunch Menu for November 2022

Mon	Tue	Wed	Thu	Fri
<p><i>A variety of milk served daily. Menu is subject to change. All juice is 100% juice. WG=whole grain WW= whole wheat</i></p>	<p><i>This institution is an equal opportunity provider</i></p>			
	<p><i>1. Breakfast: jiffies, syrup, fruit, juice, milk Lunch: mac 'cheese, hot dog ; on ww bun, Fruit, steamed broccoli, milk</i></p>	<p><i>2.. Breakfast: egg and cheese on English muffin, fruit, juice, milk Lunch: meatball grinder, sun chips, roasted red pepper hummes fruit, milk</i></p>	<p><i>3. Breakfast: raspberry muffin, fruit, juice, milk Lunch: popcorn chicken, mashed potatoes, corn, fruit, milk Salad bar grades 4-8</i></p>	<p><i>4. Breakfast: fruit smoothie, nutri grain bar, milk, juice Lunch: pepperoni pizza, fruit, carrots, ranch dip, Salad bar grades 4-8</i></p>
<p><i>7. Breakfast: French toast sticks, syrup, fruit , juice, milk Lunch: Chili, corn bread muffins, fruit, milk</i></p>	<p><i>8. Breakfast: cereal, nutri grain bar, fruit, juice, milk Lunch: Fish burger, ww bun, steamed broccoli, sweet potato tots, fruit, milk</i></p>	<p><i>9. .Breakfast: Donut, fruit, juice, milk Lunch: spaghetti, with meat sauce, bread stick with cheese, fruit, milk</i></p>	<p><i>10. Breakfast: overnight oats with blueberries, milk, juice Lunch: BBQ chicken drumsticks, potato wedges, green beans, fruit, milk</i></p>	<p><i>11. breakfast: Lunch: Holiday</i></p>
<p><i>14. Breakfast: pancakes, syrup, fruit, juice, milk Lunch: shepard's pie, banana muffin, fruit, milk</i></p>	<p><i>15. Breakfast: sushi wrap, peanut butter, banana, granola in ww wrap, juice, milk Lunch: baked beans, hot dog on ww bun, fruit, milk</i></p>	<p><i>16. Breakfast: jiffies, syrup, fruit, juice, milk Lunch: Pizza burger, on ww roll, baby carrots, ranch, hummes, ww crackers, fruit, milk</i></p>	<p><i>17. Breakfast: cereal, nutri-grain bar, fruit, juice ,milk Lunch: Turkey, stuffing, mashed potatoes, gravy, ww dinner roll, roasted sweet potatoes with apples, fruit, milk, pumpkin pie</i></p>	<p><i>18. Breakfast: blueberry coffee cake, juice, milk Lunch: Grilled cheese, tomato rice soup, gold fish, fruit, milk</i></p>
<p><i>21. Breakfast: Lunch:</i></p> <p><i>Vacation</i></p>	<p><i>22. Breakfast: Lunch:</i></p> <p><i>Vacation</i></p>	<p><i>23. Breakfast: Lunch:</i></p> <p><i>Vacation</i></p>	<p><i>24. Breakfast: Lunch:</i></p> <p><i>Vacation</i></p>	<p><i>25. Breakfast: Lunch:</i></p> <p><i>Vacation</i></p>
<p><i>28 Breakfast: yogurt, nutr-grain bar, fruit, juice, milk Lunch.: egg and sausage patty with cheese on English muffin, hash brown, fruit, milk</i></p>	<p><i>29. Breakfast: combos, fruit, juice, milk Lunch: chicken alfredo, steamed broccoli, fruit, milk</i></p>	<p><i>30. Breakfast: fruit smoothie. Juice, milk Lunch: mac 'n cheese, baked beans, fruit, milk</i></p>		