


Woodland School Breakfast/Lunch Menu for Oct. 2024

Mon	Tue	Wed	Thu	Fri
<p>A variety of milk served daily. Menu is subject to change. All juice is 100% juice. WG=whole grain WW= whole wheat</p>	<p>This institution is an equal opportunity provider</p>			
	<p>1. Breakfast: breakfast pizza, fruit, juice, milk Lunch: hot dog on ww bun, homemade mac and cheese, stamed broccoli, fruit, milk</p>	<p>2. Breakfast: yogurt cup, cereal bar, fruit, juice, milk Lunch: egg and sausage patty, pumpkin pancakes, hashbrown, fruit, milk</p>	<p>3. Breakfast: zucchini chocolate chip muffin, cheese stick fruit, juice, milk Lunch: chicken parm sandwich, side salad, cucumber slices, fruit, milk Salad bar 4-8</p>	<p>4. Breakfast: cereal, go grt fruit, juice, milk Lunch: pepperoni pizza, carrots, side salad, fruit, milk Salad bar 4-8</p>
<p>7. Breakfast: French toast bites, go gurt, fruit, juice, milk, syrup Lunch: popcorn chicken, mashed potatoes, gravy, buttered peas, green beans</p>	<p>8. Breakfast: breakfast burrito, graham crackers, fruit, juice, milk Lunch: chicken alfredo, steamed broccoli, gold fish crackers, fruit, milk</p>	<p>9. Breakfast: Jiffies, cheese stick, syrup, fruit, juice, milk Lunch: Chili, cinnamon roll, fruit, milk, corn chips, sour cream</p>	<p>10. Breakfast: smoothie, graham crackers, fruit, juice, milk Lunch: mascot cheesy garlic bread, dipping sauce, side salad, fruit, cucumber slices, milk Salad bar</p>	<p>11. Breakfast: combos, go gurt, fruit, milk Lunch: American chop suey, Dinner roll, Carrots, fruit, milk</p>
<p>14. Breakfast: Lunch: Holiday</p>	<p>15. Breakfast: Lunch: No school Inservice day</p>	<p>16. Breakfast: cinnamon roll, go gurt, fruit, juice, milk Lunch: Hot dog on WW bun, baked beans, cole slaw, fruit, milk Early release day</p>	<p>17. Breakfast: overnight oats, with apples, cheese stick, juice, milk Lunch: Chicken Parm Sandwich, side salad, carrot sticks, fruit, milk Salad bar 4-8</p>	<p>18. Breakfast: French toast bites, apple sauce, go gurt, juice, milk Lunch: Cheese burger, potato wedges, raw broccoli, fruit, milk, ketchup, mustard Salad bar 4-8</p>
<p>21. Breakfast: egg, sausage muffin, fruit, juice, milk Lunch: chicken and noodles, gold fish crackers, steamed broccoli, fruit, milk</p>	<p>22. Breakfast: raspberry muffins, cheese stick, fruit, juice, milk Lunch: baked beans, mac and cheese, cucumber slices, fruit, milk</p>	<p>23. Breakfast: parfait, with, granola, graham crackers, fruit, juice Lunch: shepard's pie, dinner roll, butter, peas, fruit, milk</p>	<p>24. Breakfast: cinnamon roll, go gurt, fruit, juice, milk Lunch: chicken tenders, sweet potato fries, cucumber slices, fruit, milk Salad bar 4-8</p>	<p>25. Breakfast: combos, fruit cheese stick, juice, milk Lunch: chicken salad wrap, sun chips, carrots, side salad, fruit, milk, salad bar 4-8 Salad bar 4-8</p>
<p>28. Breakfast: fruit smoothie, mini muffin, juice, milk Lunch: chicken fried rice, broccoli, Fruit, banana bread, milk</p>	<p>29. Breakfast: jiffies, go gurt, fruit, juice, milk, syrup Lunch: Taco soup, with kidney beans, cheese, sour cream, corn chips, carrots, fruit, milk</p>	<p>30. Breakfast: banana chocolate chip muffin, cheese stick, fruit, juice, milk Lunch: egg and sausage patty, blueberry pancakes, hash brown, fruit, milk, syrup, ketchup</p>	<p>31. Breakfast: burrito, cheese stick, fruit, juice, milk Lunch: spaghetti with meat sauce, bread stick, side salad, fruit, milk Salad bar 4-8</p>	