Woodland School Breakfast/Lunch Menu for September 2024

Mon	Tue	Wed	Thu	Fri
A variety of milk served daily. Menu is subject to change. All juice is 100% juice. WG=whole grain WW= whole wheat	This institution is an equal opportunity provider			
2. Holiday: Labor day	3.Breakfast: jiffy, syrup, go gurt, fruit, juice, milk Lunch: chicken alfredo, steamed broccoli, Ww gold fish, cantaloupe, milk	4. Breakfast: combos, cheese stick, fruit, juice, milk Lunch: chop suey, baby carrots, dinner roll, butter, apples, milk	5. Breakfast: Egg and cheese Burrito, fruit, juice, milk Lunch: baked beans, hot dog on ww bun, cucumber slices, ranch, orange wedges, milk	6. Breakfast: Breakfast pizza with egg and bacon, cheese, fruit, juice, milk Lunch: popcorn chicken, sweet potato fries, wheat thin crackers, strawberries
9. Breakfast: French toast bites, syrup, fruit, juice, milk Lunch: chicken patty on ww bun, sweet potato fries, raw broccoli, ranch, grapes, milk	10. Breakfast: yogurt cup, graham crackers, fruit, juice, milk Lunch: Egg and sausage patty, hash brown, pancake, syrup, apples, milk	11 .Breakfast: sausage egg and cheese muffin, fruit, juice, milk Lunch: homemade mac and cheese, baked beans, cucumber slices, Diced pears, milk	12. Breakfast: fresh baked muffin, fruit, juice, milk Lunch: bbq, hamburger or hot dog on ww bun, carrots, ranch, sun chips, watermelon, milk Welcome back students, Lunch BBQ	13. Breakfast: fruit smoothie, cereal bar, juice, milk Lunch: baked chicken, mashed potatoes, gravy, peas, oranges, milk
16. Breakfast: *blueberry smoothies, Graham crackers, juice, fruit, milk Lunch: shepard's pie, hummes, wheat thins, broccoli, fruit, milk *Local harvest week	17. Breakfast: Over night oats, with, *raspberries, juice, milk Lunch: walking Tacos, lettuce, *tomato, cheese, sour cream, salsa, *cucumbers, baked apple slices, milk	18 Breakfast: chocolate chip *zucchini muffins, fruit. Juice, milk Lunch: sloppy joes on ww bun, *corn on the cob in butter sauce, cucumber slices, cantaloupe, milk	19. Breakfast: *fruit parfait with granola, juice, milk Lunch: *Maine crust pizza, pepperoni, cheese, fruit, side salad, carrot sticks, strawberries, ranch, milk	20 No school In service day
23. Breakfast: combos, fruit, juice, milk, go gurt Lunch: tomato rice soup, grilled cheese, cucumber slices, orange wedges, milk	24. Breakfast: yogurt, graham crackers, fruit, juice, milk Lunch: Beef and noodles, buttered corn, dinner roll, grapes, milk	25. Breakfast: raspberry muffin, go gurt, fruit, juice, milk Lunch: chicken, peppers and onions, fajita, sour cream, salsa, hummus, Green beans, wheat crackers, apple slices, milk	26. Breakfast: fruit smoothie, mini muffin. Fruit,, juice, milk Lunch: turkey meatloaf, mashed potatoes, gravy, but- tered carrots, mixed fruit, milk	27.Breakfast: Cereal, nutria grain bar, fruit, juice, milk Lunch: chicken parm, over spagahetti, steamed broccoli, honey dew, milk
30. Breakfast: banana boat parfait with homemade granola, milk Lunch: pulled pork burger, cole slaw, baked beans, grapes milk				