

Woodland School Breakfast/Lunch Menu for January 2023

Mon	Tue	Wed	Thu	Fri
<p><i>A variety of milk served daily. Menu is subject to change. All juice is 100% juice. WG=whole grain WW= whole wheat</i></p>	<p><i>This institution is an equal opportunity provider</i></p>			
<p><i>2.breakfast Lunch holiday</i></p>	<p><i>3. Breakfast: fruit parfait, nutri grain bar Lunch: shepherds pie, gold fish crackers</i></p>	<p><i>4. Breakfast: Raspberry muffin Lunch: mac and cheese, baked beans,</i></p>	<p><i>5. Breakfast: breakfast burrito Lunch: baked chicken, mashed potatoes, gravy, corn</i></p>	<p><i>6. Breakfast: Breakfast Piz-za Lunch: Pepperoni Pizza, Caesar salad</i></p>
<p><i>9. Breakfast: cinnamon rolls Lunch: sweet and sour chicken, fried rice</i></p>	<p><i>10. Breakfast: overnight oats, Lunch: beef tacos, lettuce, cheese, tomato, tortilla chips, carrot sticks</i></p>	<p><i>11..Breakfast: cheese omelet Lunch: egg and sausage patty, pancakes, hash browns</i></p>	<p><i>12. Breakfast: Jiffies, syrup Lunch: popcorn chicken, potato wedges, cucumber slices, roasted garbanzo beans Salad bar 4-8</i></p>	<p><i>13. breakfast: raspberry morning bar, cheese stick Lunch: Fish sticks, sweet potato fries, broccoli Salad bar 4-8</i></p>
<p><i>16. Breakfast: Lunch: holiday</i></p>	<p><i>17. Breakfast: fruit smoothie, cheese stick Lunch: cheese burger, lettuce and tomato, Caesar salad,</i></p>	<p><i>18. Breakfast: French toast sticks, syrup Lunch: baked beans, hot dog on ww bun</i></p>	<p><i>19..Breakfast: egg and chees on English muffin Lunch: spaghetti, with meat sauce, stuffed bread stick, side salad Salad bar 4-8</i></p>	<p><i>20. Breakfast: yogurt, cereal bar, Lunch: pulled pork, on ww bun, cole slaw, gold fish Baked potato bar, cheddar cheese, bacon bits, sour cream, green onion, butter</i></p>
<p><i>23.Breakfast: Blueberry muffin, cheese stick Lunch: Chicken fajita, cheese, ww. Tortilla shell, hummus, carrot sticks</i></p>	<p><i>24. Breakfast: fruit parfait, with granola Lunch: pork roast, mashed potatoes, carrots, gravy</i></p>	<p><i>25 Breakfast: combos Lunch: chop suey, broccoli,</i></p>	<p><i>26.Breakfast:jiffies, syrup Lunch: tomato rice soup, grilled cheese Salad bar 4-8</i></p>	<p><i>27. Breakfast: cinnamon roll Lunch: chicken salad wrap, sun chips, cucumbers Salad bar 4-8</i></p>
<p><i>30. Breakfast: egg and cheese burrito Lunch: chicken alfredo, steamed broccoli,</i></p>	<p><i>31. breakfast: cereal, nutri-grain bar Lunch: pepperoni pizza, carrots</i></p>			