

Woodland School Breakfast/Lunch Menu for September 2022

Mon	Tue	Wed	Thu	Fri
<p>A variety of milk served daily. Menu is subject to change. All juice is 100% juice. WG=whole grain WW= whole wheat</p>	<p>This institution is an equal opportunity provider</p>		<p>1 . School BBQ Breakfast: Fresh baked muffin, fresh fruit, juice, milk Lunch: hamburger or hot dog on WW bun., carrot sticks, w/ranch, fresh fruit, , chips, milk</p>	<p>2.Breakfast: breakfast pizza, fruit, juice , milk Lunch: homemade cheese pizza, fruit, gold fish, cucumbers, milk</p>
<p>5. Holiday: Labor day</p>	<p>6.Breakfast: raspberry coffee cake, fruit, juice, milk Lunch: baked beans, hotdog on ww bun, fruit, milk Taste test Tuesday</p>	<p>7. Breakfast: combos, fruit , juice, milk Lunch: chicken fried rice, steamed broccoli, fruit, milk</p>	<p>8. Breakfast: Egg and cheese Burrito, fruit, juice, milk Lunch: Beef and noodles, carrots in butter sauce, pumpkin muffin, fruit, milk</p>	<p>9. Breakfast: blueberry smoothie., cereal bar, fruit, juice, milk Lunch: tomato soup, grilled cheese, fruit, milk</p>
<p>12. Breakfast: French toast bites, syrup, fruit , juice, milk Lunch: Egg and sausage patty, hash brown, pancake, syrup, fruit, milk</p>	<p>13. Breakfast: cereal, nutri-grain bar, juice, fruit, milk Lunch: roasted pork, mashed potatoes, gravy, gold fish, fruit, milk</p>	<p>14. Breakfast: pumpkin pancakes, fruit., juice, milk Lunch: homemade mac and cheese, baked beans, fruit, milk</p>	<p>15. Breakfast: fresh baked muffin, fruit , juice, milk Lunch: chicken patty on ww bun, lettuce, tomato, mayo, potato wedges, carrot sticks with ranch, fruit, milk</p>	<p>16. No School Teacher Workshop</p>
<p>19. Breakfast: Breakfast burrito, fruit , juice, milk Lunch: pepperoni mascot cheese bread, carrot sticks, ranch, milk</p>	<p>20. Breakfast: Over night oats with roasted apples, juice, milk Lunch: Tacos, lettuce, tomato, cheese, cucumbers, ranch dressing, fruit, milk</p>	<p>21. Breakfast: pumpkin muffins, fruit. Juice, milk Lunch: yellow rice, Spanish chic pea stew, fruit, milk</p>	<p>22. Breakfast: egg and cheese muffin, fruit, juice, milk Lunch: Roasted italian chicken, mashed potatoes, steamed Broccoli, fruit, milk</p>	<p>23. Breakfast: fruit smoothie, juice, milk Lunch: fish sticks, sweet potato tots, green beans, fruit, milk</p>
<p>26. Breakfast: combos, fruit, juice, milk Lunch: shepard's pie, dinner roll, butter, fruit, milk</p>	<p>27. Breakfast: yogurt, fruit, juice, milk Lunch: egg and sausage patty, pancakes, hash brown, syrup, fruit, juice, milk</p>	<p>28. Breakfast: raspberry muffin, fruit, juice, milk Lunch: chicken fajita, sour cream, salsa, hummus, wheat crackers, fruit, milk</p>	<p>29. Breakfast: Breakfast sushi with bananas, peanut butter, granola, ww wrap, juice , milk Lunch: fish sticks, potato wedges, carrots, fruit, milk</p>	<p>30.Breakfast: Cereal, nutria grain bar, fruit, juice, milk Lunch: chicken parm, over spagahetti, steamed broccoli, fruit, milk</p>